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# CRC EMERGENCY PLAN

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**CLUB LOCATION:- Clifton Rowing Club – located on the East Quay, Waitara behind the Waitara Pool with access road via Leslie Street and then Richmond Road**  
**<https://www.cliftonrowing.org.nz/contact-us>**

## IN CASE OF ON-WATER INCIDENT:-

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- If another crew looks to be in trouble immediately investigate – beware of hazards.
- During an emergency, the overriding consideration must be the safety of those in danger, with the safety of the club equipment being of secondary consideration.
- In the event of a capsize of either the rowing or the coaching motorboats, the occupants should remain with the boat whenever practical and not try to swim ashore.
- If possible try to get back in the boat and if injured/cold immediately return to club.
- Once you get back to the club and if cold – get into a cool shower and turn heat up SLOWLY.
- If you cannot get back in the boat, try to keep as much of your body out of the water as possible, and wait for help.
- If alone, then try to bring the boat to shore or, if necessary, leave the equipment and swim to shore and return to the club or seek help.
- Once the people involved are safe then contact the President or Safety Officer and arrange for equipment to be recovered.
- Complete an incident report form.

## IN CASE OF FIRE:-

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- Evacuate the Building – muster in the car parking area – determine if all are present.
- **DIAL 111**
- Only if safe to do so – locate Fire Extinguishers and attempt to put out all fires (fire extinguishers are located next to kitchen, workbench and inside door of large shed).
- Contact the President or Safety Officer to inform them of the fire.

## IN CASE OF EARTHQUAKE:-

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- If in a building, drop, cover and hold and when you think the shaking has stopped, leave the building and muster in the car parking area.
- If outside, move away from buildings and potential falling objects and drop, cover, and hold and then muster in the car park area.
- If on water, return to shore and muster in car parking area. Complete return time of crew in the boat log when safe to do so.
- Contact the President or Safety Officer to let them know your whereabouts.

## IN CASE OF MEDICAL EMERGENCY:-

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- First Aid kits are located inside the door of the large shed and in weights area of the main boathouse.
- If necessary **DIAL 111**
- Nearest hospital is: **Taranaki Base Hospital - David Street, New Plymouth**

**President: Gus Berghan: 020 4186 9113**

**Safety Officer: Mark Hearn 022 345 0154**